



## ROSEHIP SEED OIL

Rosehip Seed Oil is pressed from the seed of the rosehip. Its consistency is dry to very dry and it is a first choice in all kinds of face oils where the purpose is cell regeneration. The high quantity of Linolenic Acid (a polyunsaturated fatty acid) means that rosehip seed oil has a low melting point (minus 20°C). This helps to counteract the high melting point of saturated fats such as cholesterol (150°C) and cocoa butter (28°C). High melting point ingredients are more difficult for the body to process and is one of the reasons why people with oily skin or acne should avoid eating chocolate. By adding rosehip seed oil to your skin products you reduce the overall melting point of the fats in your skin allowing the body to process them more efficiently.

Rosehip Seed Oil contains approximately;

- 5% saturated fatty acids
- 16% mono unsaturated fatty acids
- 41 - 50% duo unsaturated fatty acids
- 30-36% polyunsaturated fatty acids

Because of the high level of polyunsaturated fatty acids, the oil will go rancid very quickly in its raw state. Rancid oils are very high in free radicals and these damage and age the skin. To prevent the oil from going rancid so quickly, we add 0.5% Vitamin E. Even this small amount is so potent, it will slow down the oxidation process changing the shelf life from 6 months to 2 years!

Benefits and actions of Rosehip Seed Oil;

- it reduces the fattiness of other vegetable oils in blends.
- excellent for sensitive skin
- superb for oily and acne prone skin
- one of the best choices for skin with large pores
- it has a short surface time on the skin which means that is absorbed fast and leaves no fatty residue
- can be used in creams, lotions, gels, serums and massage blends

### **Facial Oil for Dry Skin - Makes 100 ml/g**

85% Rosehip Seed Oil  
13% Vitamin E (simulated natural)  
0.5% Vitamin A Palmitate  
0.5% Rosemary Antioxidant (10 drops)  
0.5% Rosewood Essential Oil (10 drops)  
0.5% Geranium Essential Oil (10 drops)  
**100% Total**

### **Facial Oil for Sensitive Skin - Makes 100 ml/g**

55% Rosehip Seed Oil  
20% Apricot Kernel Oil  
15% Thistle Oil  
9% Vitamin E (simulated natural)  
0.5% Rosemary Antioxidant (10 drops)  
0.5% Sandalwood Oil (10 drops)  
**100% Total**

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**Facial Oil for Mature Skin - Makes 100 ml/g**

70% Rosehip Seed Oil  
10% Macadamia Nut Oil  
19% Vitamin E (simulated natural)  
0.5% Rosemary Antioxidant (10 drops)  
0.25% Frankincense Essential Oil (5 drops)  
0.25% Patchouli Essential Oil (5 drops)  
**100% Total**

**Facial Oil for Dehydrated Skin - Makes 100 ml/g**

88% Rosehip Seed Oil  
10% Vitamin E (simulated natural)  
0.5% Vitamin A Palmitate  
0.5% Rosemary Antioxidant (10 drops)  
0.5% Neroli Absolute (10 drops)  
0.5% Petitgrain Essential Oil (10 drops)  
**100% Total**

**Facial Oil for Acne Prone Skin - Makes 100 ml/g**

63% Rosehip Seed Oil  
10% Borage Oil  
10% Jojoba Oil  
10% Vitamin E (simulated natural)  
5% Vitamin E (natural)  
0.5% Vitamin A Palmitate  
0.5% Rosemary Antioxidant (10 drops)  
1% Bog Myrtle Essential Oil (20 drops)  
**100% Total**

**Facial Oil for Oily Skin - Makes 100 ml/g**

60% Rosehip Seed Oil  
24% Borage Oil  
10% Thistle Oil  
5% Vitamin E (simulated natural)  
0.25% Geranium Essential Oil (5 drops)  
0.75% Lavender Essential Oil (15 drops)  
**100% Total**

**Body Oil for Cellulite Prone areas - Makes 100 ml/g**

27% Rosehip Seed Oil  
27% Thistle Oil  
27% Borage Oil  
18% Vitamin E (simulated natural)  
0.5% Rosemary Antioxidant (10 drops)  
0.5% Celery Seed Essential Oil (10 drops)  
**100% Total**