



**Safety Data Sheet**  
*according to 1907/2006/EC, Article 31, amended by  
Regulation (EU) No. 453/2010*

## MEDITATION

Date: 06/09/2018

### 1. Identification of the substance/mixture and of the company/undertaking

#### 1.1 Product Identifier

**Trade Name:** Meditation

**INCI Name:** Cedrus Atlantica Bark Oil, Aniba Rosaeodora Wood Oil, Boswellia Carterii Oil, Santalum Spicata Wood Oil, Styrax Benzoin Gum Extract, Dipropylene Glycol, Cananga Odorata Flower Oil

#### 1.2 Relevant identified uses of the substance or mixture and uses advised against

**Use of product:** For cosmetic and hygiene products.

#### 1.3 Details of the supplier of the safety data sheet

Aromantic Ltd  
15 Greshop Road  
Forres  
Moray  
IV36 2GU  
Tel: +44 (0)1309 696900  
Fax: +44 (0)1309 696911  
Email: [info@aromantic.co.uk](mailto:info@aromantic.co.uk)

#### 1.4 Emergency telephone number

Health and Safety Executive (HSE) Chemicals Regulation Directorate  
5S.1 Redgrave Court, Merton Road, Bootle, Merseyside. L20 7HS  
Telephone: +44 151 951 3317  
Email: [biocidesenquiries@hse.gsi.gov.uk](mailto:biocidesenquiries@hse.gsi.gov.uk)  
REACH and CLP UK CA Help Desk, Health and Safety Executive  
2.3 Redgrave Court, Merton Road, L20 7HS Bootle, Merseyside  
Email: [ukreachca@hse.gsi.gov.uk](mailto:ukreachca@hse.gsi.gov.uk)

### 2. Hazards Identification

#### 2.1 Classification of the substance or mixture

Concentrated product.  
May cause lung damage if swallowed.  
May be allergic to skin contact.  
May irritate the skin and eyes.

## 2.2 Label elements

## 2.3 Other hazards

# 3. Composition/Information on ingredients

## 3.1 Substances

## 3.2 Mixtures

**Description:** Blend of essential oils extracted by distillation. Contains Cedarwood Atlas, Rosewood, Frankincense, Ylang ylang, Benzoin and Sandalwood.

### WARNING SYMBOLS AND RISK PHRASES:

Xn: Harmful.

R36/38: Irritating to eyes and skin.

R43: May cause sensitisation by skin contact.

R52/53: Toxic to aquatic organisms, may cause long-term adverse effects in the aquatic environment.

R65: Harmful: may cause lung damage if swallowed.

According to EU Directive 26 allergens must be declared in the final product where there is more than 0.001% (10ppm) in products left on the skin and 0.01% (100ppm) in rinse-off products. Of the 26 allergens the following components are present in Meditation Blend:

### Allergens:

Linalool CAS number 78-70-6 up to 26%

Farnesol, CAS number 4602-84-0 up to 2.4%

Benzyl benzoate CAS number 120-51-4 up to 1.0%

Geraniol CAS number 106-24-1 up to 1.0%

Limonene CAS number 5989-27-5 up to 0.8%

Benzyl salicylate, CAS number 118-58-1, up to 0.2 %.

# 4. First Aid Measures

## 4.1 Description of first aid measures

### Skin Contact:

Remove contaminated clothing, wash thoroughly with mild soap and water.

If irritation is present, anoint with vegetable oil and if it persists, seek medical attention.

### Eye Contact:

Rinse immediately with water for 10 minutes.

Keep the eye wide open.

Contact doctor if symptoms persist.

### Ingestion:

Do not induce vomiting.

Rinse mouth with water several times then spit out.

If larger quantities are swallowed contact a doctor, hospital or poison information centre and show the package or label.

For the ingestion of small amounts drink lots of water.

**Inhalation:** Remove to fresh air.

#### **4.2 Most important symptoms and effects, both acute and delayed**

#### **4.3 Indication of any immediate medical attention and special treatment needed**

**Information for doctor:** Treat symptomatically.

## **5. Fire Fighting Measures**

### **5.1 Extinguishing media**

**Extinguishing Media:** CO<sub>2</sub>, dry powder, or foam – do not use water jet directly on burning material.

### **5.2 Special hazards arising from the substance or mixture**

### **5.3 Advice for firefighters**

Containers close to the fire should be removed or cooled with water.

Avoid inhalation, use breathing apparatus to protect from fumes.

## **6. Accidental Release Measures**

### **6.1 Personal precautions, protective equipment and emergency procedures**

Wear safety glasses, safety shoes and protective clothing

Keep the area well ventilated.

### **6.2 Environmental precautions**

Prevent from entering drains and water courses.

### **6.3 Methods and material for containment and cleaning up**

For large spills absorb the material on an inert material such as earth, sand or other absorbent material.

For small spills wash area with water and wipe up.

### **6.4 Reference to other sections**

## **7. Handling and Storage**

### **7.1 Precautions for safe handling**

Wear gloves and goggles.

Observe good personal hygiene.

Do not eat, smoke or drink whilst handling the product.

### **7.2 Conditions for safe storage, including any incompatibilities**

Store in full, tightly sealed original containers in a cool, dry, well-ventilated place.

Protect from light and heat.

Observe Good Manufacturing Practices.

### **7.3 Specific end use(s)**

## 8. Exposure Controls/Personal Protection

### 8.1 Control parameters

### 8.2 Exposure controls

- Work with large quantities only in a well ventilated place.
- Avoid contact with eyes and skin.
- General industrial hygiene recommended.
- Do not eat, drink or smoke whilst handling the product.
- Eye rinsing facility should be on the premises.
- Use goggles and gloves and protective clothing and footwear.

## 9. Physical and Chemical Properties

### 9.1 Information on basic physical and chemical properties

**Physical State:** Liquid with characteristic odour.

**Flash Point:** 90 °C – this is only an estimated value of the flashpoint.

**Solubility:** Insoluble in water, soluble in ethanol.

### 9.2 Other information

## 10. Stability and Reactivity

### 10.1 Reactivity

### 10.2 Chemical stability

Stable with recommended handling and storage.

### 10.3 Possibility of hazardous reactions

When heated to decomposition temperature, smoke and irritating vapours may be formed.

### 10.4 Conditions to avoid

Light, heat, moisture and air.

### 10.5 Incompatible materials

Oxidising and reducing agents.

### 10.6 Hazardous decomposition products

## 11. Toxicological Information

### 11.1 Information on toxicological effects

May cause eyes and skin irritation.

Concentrated essential oil may cause lung damage if swallowed.

May cause sensitisation with skin contact.

Inhalation may cause irritation of the mucous membranes and respiratory tract.

## 12. Ecological Information

### 12.1 Toxicity

Limonene is highly toxic to aquatic organisms.

Avoid release into soil and water.

### 12.2 Persistence and degradability

### 12.3 Bioaccumulative potential

### 12.4 Mobility in soil

### 12.5 Results of PBT and vPvB assessment

### 12.6 Other adverse effects

## 13. Disposal Considerations

### 13.1 Waste treatment methods

Disposal should be in accordance with current international, national and local regulations.

Small quantities can be disposed of with normal household waste.

## 14. Transport Information

Not dangerous good according to ADR, RID, IMCO, IATA.

No restrictions.

### 14.1 UN number

### 14.2 UN proper shipping name

### 14.3 Transport hazard class(es)

### 14.4 Packing group

### 14.5 Environmental hazards

### 14.6 Special precautions for user

### 14.7 Transport in bulk according to Annex II of MARPOL73/78 and the IBC Code

## 15. Regulatory Information

### 15.1 Safety, health and environmental regulations/legislation specific for the substance or mixture

Xn Harmful

Class 3 Not required for labelling

#### Risk phrases:

R36/38: Irritating to eyes and skin.

R43: May cause sensitisation by skin contact.

R52/53: Toxic to aquatic organisms, may cause long-term adverse effects in the aquatic environment.

R65: Harmful: may cause lung damage if swallowed.

**Safety phrases:**

S2: Keep out of reach of children.

S24/25: Avoid contact with skin and eyes.

S29: Do not empty into drains.

S37: Wear suitable gloves.

S61: Avoid release to the environment. Refer to special instructions/safety data sheet.

S62: If swallowed, do not induce vomiting; seek medical advice immediately and show this container or label.

**15.2 Chemical safety assessment****16. Other Information**

This information is based on our present knowledge. However, this shall not constitute a guarantee for any specific product features and shall not establish a legally valid contractual relationship.

The information contained in this SDS is accurate to the best of our knowledge and has been obtained from a variety of sources. No liability can be accepted arising out of the use, application or processing of this product. It is the users' responsibility to determine the safe conditions for the use of this product.

**Revision Date: 22.07.2013 Version: 2**